

■ **Tasca la Plaza** (*The Square Tavern*)
Spanish and Mediterranean Cuisine

This restaurant is small, though its atmosphere is imposing. It serves Mediterranean and Spanish food. It is worth mentioning, for example, the grilled shrimps covered with bacon in a honey sauce and mustard over a bed of fried spinach. Another dish that is usually recommended is clams with parmesan cheese. The attention and service certainly deserve to be praised. As the restaurant has a very few tables, it is indispensable to make reservations in advance.

Montevideo 117, across Spain Square
Phone: 54 - 261 - 420 - 0603



LIKE IN SPAIN!

■ **Lamira**
Regional and International Cuisine, Cocktails and Wine bar

In high season it is open all day and it offers apart from the food included in the menu, several breakfast and lunch menus at reasonable price. Sometimes there is a special program offered for the night (as for instance, Mexican night) with live music and dishes that go with the chosen concept. On the whole, La Mira is a mixture of bar and restaurant frequented by an interesting combination of tourists and local people.

Belgrano 1191
Phone: 54 - 261 - 423 - 8519
info@bar-lamira.com



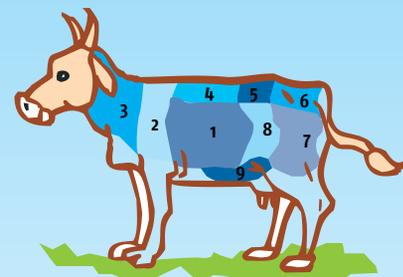
Lots and lots of meat!

It is not easy for vegetarian people to be in Argentina. The food consists mainly of beef in all its variants, preferably in the most natural form possible. In fact, it tastes excellent!

Since meat as well as flour, milk and eggs are included within the basic diet, it is highly recommended for the foreign visitor.

Meat is cut in Argentina in a similar way to how they do so in the US or in Europe. Preferably with plenty of fat, that is what adds to its particular flavour! It is hardly news, then, that Argentina is among the countries with the highest levels of cholesterol.

- 1 Costillar, Tira de Asado
- 2 Marucha oder Paleta
- 3 Azotillo
- 4 Bife de Costilla
- 5 Lomo
- 6 Cuadril
- 7 Naiga
- 8 Vacio
- 9 Matambre



■ **Karma**
Asian Cuisine

This restaurant offers the most delicious dishes of the Tibetan cuisine. The owner of this restaurant worked as an actor in the movie "Seven Years in Tibet", which was filmed in **Uspallata**, a small town of the Andes range near Mendoza city. Karma is without doubt the most exotic restaurant in Mendoza.

Italia 6055, Chacras de Coria
Phone: 54 - 261 - 496 - 1731

Given the growing demand, this restaurant has now a branch in the city centre:

Karma Downtown

Perú 1192
Phone: 54 - 261 - 423 - 2387

Open every day also at noon



→ [Uspallata](#) page 54