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Positive Attitude



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Positive Attitude

The Message of the balloon seller

A balloon seller sold red, yellow, blue and green helium filled balloons at the fair. When his business was slow he used to release a few of those and the children ran to buy them. A little boy watched him for long and asked. "If you release a black balloon, would that also fly?" The man replied with empathy, "Son, it is not the color of the balloon, it is what in inside that makes it go up".

This is what applies even to our lives. It is our inside that makes us rise in life. The inside is our positive attitude. The success of an individual, organization or country depends on the quality of their people.

"People can be your biggest asset or your biggest liability"

Attitude applies to every sphere of life, including one's personal and professional life. This is the foundation of success regardless of your chosen field.

Factors That Determine our Attitude

William James of Harvard University said, "the greatest discovery of my generation is that human beings can alter their lives by altering their attitudes of mind."

Most of our attitude is shaped during our formative years. Three determining factors are:

Environment we are groomed in

This consists of home, school then workplace which creates a culture for us. Parents who respect each other and create a healthy atmosphere, lead to the upbringing of children with a healthy mind and a positive attitude towards life. Media, traditions and social environment also influence a person's outlook on life.

Experiences in our lives

Events in your life determine your behaviour changes. Positive experience with an individual makes your attitude positive towards him. Failures in life make can make you shy and introvert.

Education as a guiding light

True education teaches us not only how to make a living but also how to live. Both formal as well as informal education has an impact on the individual. It opens to us the doors of positive living.

How to recognize people with a positive attitude

Being caring, confident, patient and humble, are the personality traits to recognize people with positive attitude. Such people anticipate positive outcomes.