

**Decluttering Book:
The Quick Guide to
Getting Your Home
Organized Almost
Instantly**

Andrea Luis

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Introduction

Well we all know how painful it is to clean a messy house. Not only is it painful but it's also something that requires a lot of time to finish.

For most people, they might take days or weeks just to declutter their entire house even if it means working on it for the whole day. Unless if you live in a house that's almost as big as a mansion then it's no wonder that it'll take you that long to finish.

However, if you live in an average size house like the average person does then it shouldn't take you that long. Unless if you're prone to procrastination then you're just making it worse for yourself.

Maybe you don't realize it yet but the amount of time you take to procrastinate is almost equivalent to the amount of time it'll probably take you to finish what you wanted to finish. It might not be accurate but either way, you're wasting time.

Nevertheless, you don't have to worry. In this book it'll help you break down the process of cleaning so it won't be as painful as you think it will be. Unless if you're like me it won't be as painful cleaning it all in one go, despite how messy your house can be, or a room in my

case. Anyways, if you're cleaning a house, obviously it's going to take a day or two depending on how messy it is to begin with.

If it's a room then it won't take longer than a day. That's assuming that you have a room that isn't as big as a living room and half of a kitchen.

In this book, I'll be breaking down the steps to a quick, painless, and easy way to declutter your house.

The best part is that it doesn't even need to be completed in one sitting. You can take as much time as you want to declutter your house. The only problem is if you've made a bigger mess while you're taking your time decluttering. However, that's still perfectly fine because I will also be talking about those types of situations.

You don't even have to completely finish reading this book before you start to declutter. Since it's like an instruction booklet, you can simply read it on the go. This means that you can read each step separately as you work towards the next step without having to finish the book in one sitting.

Well, have fun and good luck. You're not really going to need it but I guess it's best to say it anyways.

Chapter 1: Your Home

I'll put this out there, everyone has stress. Yes, children have stress too. Most likely it'll be something that you'll think is completely trivial and unimportant but, don't forget, you were a child once too.

Anyways, the reason I'm mentioning stress is because your home is the one place that can either lessen your stress or increase it. This is because your home is the one place that you would come back to at the end of the day. So it's only right that your stress meter would level up if you come home to a messy house.

If you don't realize it then now is a good time to notice it. That random irritation that you get when you come home to your messy house isn't caused by what happened during the day but the fact that you have to look at the mess that needs to be cleaned up at the end of the day. It levels up your stress meter because you know that your house isn't going to clean itself and, if you live alone, no one is going to clean it for you as well as help you clean it.

Even so, clutter problems aren't something that you should very much stress out about. Trust me, if you have clutter problems then, chances

are, the people around you probably has them too. In fact, most people have clutter problems.

It's unavoidable, especially if you have a busy schedule with not much time for yourself.

However, clutter varies among people. Not everyone has an equal distribution as to how cluttered their house is.

Clutter is caused by the amount of items you have in the house whether it is useful or useless. The more items you have sitting around the house the bigger the clutter will be. Let me break down the three levels of clutter that I've made up for myself:

Level #1:

You are in the beginning stage. It is perfectly fine for you to procrastinate whenever you think about cleaning.

Your mess is not affecting you at all right now, unless if you are a neat freak then it might, but not as much. You can still see the bottom of your floor. There is only a slight mess here and there but every item you need is still easy to find.

As long as you maintain this level of messiness then you are still out of trouble and worry. No one else will really be affected by your mess.

Depending on where you place your possessions, no one would be able to notice.

Level #2:

You are in the danger zone. I suggest you start to clean something when you are in this level.

You have paperwork stacked up next to or on your desk. There are some parts of the floor that is covered from your sight. You can still walk around your house but that's because you've made a secured walking route for yourself.

Depending on where your items are placed at, you will have some trouble finding them. If you're looking for a specific type of paper then you'll become frustrated looking through your uncategorized stack of papers.

There are some clothes that you've laid out for yourself but not have worn. Your kitchen and living looks slightly less decent. Overall, your house is what normal people would call messy.

Level #3:

Your house is a hazard zone. The whole floor is practically covered with trash or whatever you throw down there. If you're the lazy type then there would be empty water bottles on the floor. do it.