

**Psychological guidance
to be a fluent**

English

Speaker

Written in simple English for non English students

By Priyanthe Hettiarachchi

(Counselor for psychology and English teacher)

PSYCHOLOGICAL GUIDANCE TO BE A FLUENT ENGLISH SPEAKER

E-book, 1st edition 2012

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eISBN 978-616-222-135-4

Published by www.booksmango.com

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ABOUT THE BOOK

Psychological guidance to be a fluent English Speaker is for non English students written by a famous English teacher and a counselor for psychology Mr.Priyantha Hettiarachchi.

It has lots of strategies and mental exercises to guide you to be a fluent English speaker. It also has easy to remember grammar lessons.

Speaking a language is completely based on your brain. Some people struggle throughout their life time to speak a foreign language.

In this context your mind has to play a major role, hence you should not learn a language but practice it to make it a habit.

Here in this book you can find lots of ways to make SPEAKING A LANGUAGE a habit by sending the message to your subconscious mind.

It's written in simple English so that one who has a little knowledge in English can read and understand it.

01. WHAT IS ENGLISH?

We in our childhood learnt English in the class rooms as a subject. And we answered question papers and got marks.

We passed English as a subject. But we could not speak English. Because we learnt English as a subject. If we learnt something it becomes a subject. But English is not a subject it as a language.

We use a knife to cut something but not to write, we use a brush to paint but not to cut, that means we use the particular tool to do particular work. Like that if we learn English it is not a language it is **ONLY A SUBJECT**.

Think a moment, “Did you learn your own language to speak?” the answer is “No”

Nobody taught our mother language to speak. Then how we learnt it?

We imitated others; we listened to our elders and tried to imitate it. But we were not good at speaking at first. So we had to practice same thing several times to do it well.

So again what we did is “**PRACTICE**”. To do be an expert in some field we need to practice. Imagine you wanted to be a good swimmer, what you do?

You have to jump into water and swim again and again until we become clever. And think of driving. You first try to drive very carefully, you are afraid, you look around, you sometimes stop the vehicle, and you think this is a hard tusk to do. You see other drivers go pass you. Then you begin to think ‘OH CAN I EVER BE A CLEVER DRIVER LIKE HIM?’

But the answer is ‘YES’. You definitely become a clever driver like him. What you should do is “**PRACTICE**”

When we keep on practicing something it becomes a